



JOURNEY SKILLS

Calm presence
Grounding techniques
Playful improvisation
Working w/ metaphors
Shamanic practices
Singing
Meditation
Ecstatic dance & acroyoga

INTEGRATION SKILLS

TRAINING IN

- Coherence Coaching
- Core Transformation
- Bio-Emotive Framework

EXPERIENCE WITH

- Trauma-informed approaches
- Internal Family Systems
- Somatic Experiencing
- Feeding Your Demons


LOGISTICAL SKILLS

System and process design
Making orientation guides
Inventory design & tracking
First aid
Proficient in Spanish

CONTACT

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SOCIAL

 @SarahAMcManus

SARAH McMANUS

TRANSFORMATIONAL COACHING

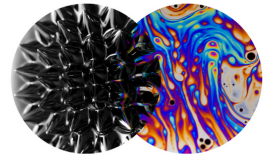
RELEVANT EXPERIENCE

TRANSFORMATIONAL COACH

Prickles and goo coaching | Jan 2018 - present

- Independent psychedelic integration work
- Organizer and coach for [Goal-Crafting Intensive](#)
- Learning in public, [documenting techniques in Roam](#)

prickles and goo



coaching

AYAHUASCA FACILITATOR

Ayahuasca Foundation | Apr - Jun 2016
Initiation & training, Fall 2014

- Supported participants in preparation, processing, and integration
- Assisted during ceremony by singing, soplaying, and aiding participants
- Logistics: airport pickup, first aid kit, translation, tour guide

PSYCHEDELIC PEER SUPPORT

Zendo Project / Burning Man / community events | 2013 - present

- Volunteer at Zendo Project, Burning Man 2014, 2017, 2018
- Led peer support & harm reduction trainings in Georgia, 2015-2016
- Co-Lead & Shift Lead, psychedelic first aid at regional burns

PSYCHEDELIC EDUCATION AND OUTREACH

MAPS conference volunteer | 2011, 2017

Experience report translation & analysis for 5-MeO-DMT study | 2015-2016

Psychedemia conference poster presentation | 2012

- "Prickles and goo: Exploring shared metaphors between analytical and intuitive traditions"

OPERATIONS, COMMUNICATION, CULTURE

Workplace culture consultant for Roam Research, Inc. | Jul - Oct 2021

Metasystems Design Team Lead | EndCoronavirus Slack | Mar 2020

Ops Lead | Burning Man theme camp | Jun - Sept 2018

Collaborative culture immersion | Liminal Space Agency | 2017-2020

Customer Support | Seller Labs | Mar - Nov 2017

Virtual Personal Assistant | Zirtual | Mar - Aug 2015

NVC & Restorative Circles volunteer | Georgia Conflict Center | 2014-2016

EDUCATION

2012-2013, PhD STUDENT, INTEGRATIVE CONSERVATION – ECOLOGY
University of Georgia

2001-2011, BA, SPECIAL PROGRAM IN ECOLOGY
New College of Florida

OTHER EXPERIENCE

I've also worked as a tutor, graduate research assistant, tiny insect counter, rattlesnake tracker, botany lab TA, and water monitoring program coordinator, among others jobs.